

### EXCERPTS (III)

from “Jade and the Blessed Mysteries of Life”

François Garagnon

« Remember this well : you don't have time to waste your time. Life is too short to live it halfway. You must live the hours of your existence to their fullest extent. They won't all be intense, of course, because life is made of contrasts, but you can't deny any of them.

« Each day you live eighty-six thousand four hundred seconds, do you realize ? That's a hell of a stockpile, eh ? You can do thousands of things with that kind of time !

« Even when you think you're being daring, you're not being daring enough. Remember that when you give of yourself, it's never “too much”, it's always “not enough”. You can never love too much. You can make a mistake, you can love badly, but you can never love enough. Never, you hear !

« There's one quality that allows you to obtain everything and to make your dreams come true, to live a great love, never to despair, to always adore God and even to fly up into the infinite blue yonder... it's the most important quality in the world, the best one that a man can ever have. It's the SPIRIT OF WONDER !

« The moments that have counted the most, those that have echoed for the longest inside us, will be those that happened by accident and not those that we willed. It'll be those moments that filtered into our existence like water into the earth to fertilize our little seed of life. That's when we opened up, bloomed, flowered and bore fruit.

« Never forget to savour the taste of life, its royal nectar gathered from flowers pure, that marvellous warm honey of secret and magic virtues. »